

# **Taste Washington Day**



**Cucumber**

**♻️ LOCAL ★ FRESH ★ DELICIOUS ♻️**

# Tzatziki Sauce

## *Ingredients:*

1 ½ cups plain greek yogurt  
½ clove garlic  
1 medium cucumber

½ Tablespoon fresh dill  
Juice from ½ of a lemon  
Pinch of black pepper

## *Directions:*

- Peel and seed cucumbers. Cut into small chunks.
- Place garlic, dill, lemon juice, pepper, and cucumbers in a food processor. Puree until well blended.
- Stir cucumber and herb puree into greek yogurt. Serve with Greek Turkey Pita (below).

## *Greek Turkey Pita Ingredients:*

2 pieces of whole wheat pita bread  
2 cups fresh baby spinach

1 pound sliced turkey

## *Directions:*

- Cut pitas in half
- Make Tzatziki (above)
- Fill pita with ½ cup spinach and ¼ lb sliced turkey, about 2-3 slices.
- Serve with 1 Tablespoon of Tzatziki sauce for dipping (you will have extra tzatziki).

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